

Informed Consent/Disclosure Statement

Thank you for choosing this practice and congratulations for taking the next step in improving you. I realize that starting counseling is a major decision and you may have many questions. This document is intended to inform you of my policies, state and federal laws, and your rights. If you have other questions or concerns, please ask me.

My name is Jennifer Danhauser. I am a Licensed Professional Counselor (LPC) as provided by the State of Alaska Board of Professional Counselors, which has been maintained since January 12, 2004. I am also a National Counselor Certified (NCC) as provided by the National Board for Certified Counselors, which has been maintained since August 15, 2001. I have my M.S. in Counseling Educational and Developmental Psychology, having graduated from Eastern Washington University. I have been a member of the American Counseling Association in good standing since January 1, 2000. My business is Jennifer Danhauser, LPC, LLC and address is 565 University Avenue, Suite #4, Fairbanks, Alaska, 99709. My business phone number is (907) 978-4978.

My training is focused in Dialectical Behavioral Therapy (DBT), Prolonged Exposure Therapy (PET) and Eye Movement Desensitization and Reprocessing Therapy (EMDR). DBT uses a strong Cognitive Behavioral approach along with mindfulness, which offers a compassionate and scientifically sound treatment for those who have struggled to reach or maintain a life worth living. PET and EMDR are both treatment approaches focused specifically for trauma including Posttraumatic Stress.

I bring my dedication and experience into each session. My therapy process involves genuineness, respect, warmth, acceptance and empathy. I will help you gain a clear understanding of the process of change and empower you to make effective changes to accomplish your goals. Validation of your experiences and recognizing when acceptance is needed will also be part of the process.

Much of my private practice experience has been with adults both in individual and group settings. I also offer Telehealth and am registered with the State of Alaska as a Telemedicine Business. I offer sessions Monday through Thursday with various hours primarily offered mid-day.

In addition, if you are in crisis while this clinician is unavailable or if you choose to attend group therapy services, Cathy Weeg, LPC and Mike Worrall, PhD., independent practitioners, may work with you and bill for services rendered. Cathy's business phone number is (907) 590-8384. She received her M.S.Ed in Counselor Education from Western Illinois University, December 1993. Mike's business phone number is 907-712-7667. He received his doctorate in Clinical Psychology from the University of Nevada, August 2011. Please check your insurance company specific to these independent practitioners as some may be in or out of network with your insurance.

This information is required by the Board of Professional Counselors, which regulates all licensed professional counselors. To reach the board by mail, please write the Department of Commerce, Community and Economic Development, Division of Occupational Licensing, P.O. Box 110806, Juneau, Alaska, 99811. To reach the board by telephone, call 907-465-2550.

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Services and Pricing

Services	Length (CPT Code)	Rate
Initial Assessment Session	1-2 hours as needed (90791)	\$300
Individual Therapy Couples Therapy Family Therapy	16 to 37 minutes (90832)	\$87.50
	38 to 52 minutes (90834)	\$175
	53 minutes or longer (90837) (90847)	\$225.00
Group Therapy	Per hour (90853)	\$87.50
Court Fees	1 hour	\$175

As a courtesy, we will bill your insurance company, responsible party, or third party payer for you using Golden Heart Administrative Professionals, Inc. If your insurance company denies payment or does not cover counseling, we request that you pay the balance due at that time. After 3 months of receipt of first bill, any unpaid balance will accrue assessed finance charges. We ask that every client authorize payment of medical benefits directly to Jennifer Danhauser, LPC, Cathy Weeg, LPC or Mike Worrall, PhD. as indicated in your bill.

If you miss an appointment, you will be charged the cost of the appointment and this will not be billed to your insurance company. Any unpaid balances may be turned over to collections. If this is the case, you are responsible for any collection fee charged. You will be charged \$25 for any returned checks.

ASSIGNMENT OF BENEFITS

I authorize payment by my insurance company to be paid directly to Jennifer Danhauser, LPC, Cathy Weeg, LPC or Mike Worrall, PhD. for services rendered. I am aware that the amount I owe may be different specific to which independent practitioner is charging for services rendered. I understand that I am financially responsible for charges applied to the insurance deductible and for all charges limited by the insurance carrier. I authorize Jennifer Danhauser, LPC, Cathy Weeg, LPC or Mike Worrall, PhD. to give copies of any records when needed for payment by my insurance carrier and/or its affiliates. I have received a copy of my fee schedule.

Client Signature

Date

Informed Consent/Disclosure Statement

Confidentiality

Client information shared with me is confidential, except in the following circumstances:

- Information required by your insurance company such as diagnosis and dates of services, etc. will be shared with our billing provider to collect payments
- Mandated reporting of abuse of children or adults
- Threats of suicide or homicide
- Cases where you have signed a release of information
- Information necessary for consultation including Cathy Weeg, LPC and Mike Worrall, PhD. for peer consultation and collaboration
- Information released as outlined in the HIPAA Notice of Privacy Practice
- Those required by law
- Online transmission of information used by my billing company.
- Text messages and emails are not encrypted or secure and ARE NOT HIPPA compliant. Your awareness and agreement is necessary to transfer communication in this manner and is not recommended. In addition these messages are considered a part of your records and will be included within your file.
- Files are stored primarily on computer with a backup server. Other printed files are kept locked per HIPPA standards.
- Records are archived and maintained for a period of ten years.

Your treatment program may be discussed with other professionals (other than those listed under Treatment in the Notice of Privacy Practices and Client Rights) and, if that occurs, your confidentiality will be maintained. Also, your name and identity will be disclosed only in compliance with AS 08.29.200 of the Statutes and Regulations of Professional Counselors.

Emergency Situations

In case of emergency if I am unavailable please contact:

- 1) Fairbanks Crisis Hot Line at 452-4357
- 2) Fairbanks Community Behavioral Health Center On-Call Service at 452-1575
- 3) Call 911 for immediate emergency care or visit the F.M.H. emergency room
- 4) Crisis Text Line online: crisistextline.org or Text: 741741
- 5) National Suicide Prevention Lifeline at 1-800-273-8255

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Telehealth

This is to inform you of specific information for Telehealth Services, should you consider this option. This statement is to be included in addition to the standard informed consent/disclosure statement provided to you and not a stand alone agreement.

- There are potential benefits and risks of video-conferencing (e.g. limits to patient confidentiality) that differ from in-person sessions.
- Confidentiality still applies for Telehealth services, and nobody will record the session without the permission from you, the client.
- We agree to use the video-conferencing platform selected for our virtual sessions, and I will explain how to use it. Example platforms include doxy.me or Google with a business associate agreement obtained.
- You need to use a webcam or smartphone during the session.
- It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your tele-appointment, you must notify the counselor in advance by phone.
- We need a back-up plan (e.g., phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems.
- Our safety plan includes a variety of options. You may contact me by phone at 907-978-4978. If I am unavailable, contact the Fairbanks Crisis Hot Line at 452-4357, or go to the Fairbanks Memorial Hospital (FMH) ER or call 911. Additional options are located within the informed consent/disclosures document under “Emergency Situations” on page 3.
- You should confirm with your insurance company that the video sessions will be reimbursed; if they are not reimbursed, you are responsible for full payment.
- I am not licensed to provide Telehealth services outside of the state of Alaska. If you are out of Alaska for any reason, including a vacation or on business, I will be unable to offer Telehealth until your return.
- As your counselor, I may determine that due to certain circumstances, Telehealth is no longer appropriate and that we should resume our sessions in-person.

By signing below, you acknowledge and accept conditions as outlined above in this Informed Consent:

Client Signature

Date

Witness Signature

Date